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## **I. PURPOSE**

To assure that the regional centers follow professionally accepted practice for the purpose of prescribing and preparing nutritionally balanced diets for the consumers.

## **II. DEFINITION**

All regional centers will purchase and utilize a professionally sanctioned manual from which diets will be prescribed and menus will be developed.

The manual is to be distributed to at least all dietitians, and food service directors. Further dispersal of the manuals will be at the discretion of each regional center.

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